Abstract

The patient reveals that he has tried to lose weight by walking but has been unable to reduce his weight. He has taken cruises with his wife, three years his junior, and finds that he puts on 5 kg of weight during the cruise that he is unable to shed. The patient is currently prescribed 3.5 mg of glibenclamide to be taken orally with breakfast but has not taken the medication for a year. This is because the patient experiences nausea and a rash across their stomach. They have not brought this to the attention of their doctor. The patient has a high level of LDL cholesterol and a low level of HDL cholesterol which increases the chance of the patient having a heart attack. The patient has an LDL of 165 mg/dL. The patient is prescribed 40 mg daily of Zocor. S.W. is sporadic in using this medication.

The patient has not involved in the self-management of his blood glucose levels other than to be aware of the medication and exercise that the doctor has encouraged him to follow but which he has ignored. There is a history of Type 2 diabetes in his family. S.W. has two grown up daughters with their own families, one living in Brisbane and the other on the Gold Coast. S.W. has been inactive since retiring although he has considered taking up golf. S.W. considers that the reduction of the sugar content in his diet will be sufficient to redress the problems of Type 2 diabetes.
ASSIGNMENT
COVER PAGE

Student Name: [Handwritten]

Instructor: "My Instructor"

Course: [Handwritten]

Today's Date: [Handwritten]

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Signature: [Handwritten]

Additional Notes: [Handwritten]
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ESSAY 1 COMMENTS
Hi X,

Nice to see such a short comprehensive and precise answer to the case study with fully evidence-based approach. You have hit the right track by addressing the nurse’s role as well as prioritizing the same, which in my point of view is an important point for nurses. The answers are well referenced and it is good that you have taken recent references for your case, but I would say please expand the abbreviations used in your answer which will make a better answer in your case. You have addressed every other risk factors associated with the condition which adds feathers to your answer. A good informative essay to start with.

ESSAY 2 COMMENTS

Hi Y,

The answer you have carved out for the patient was just good in my view. To be frank, I couldn’t find the holistic approach in your whole answer where you have addressed all aspects of the patients. The answer has well addressed the self-management section, but quiet didn’t connect with holistic concept. The answers could have been more focused as it seems to be an overview of the discussion, they don’t seem to be interventions. The answer needs much improvement with regard to holistic approach and intervention, since you haven’t mentioned how you are going to establish a therapeutic relationship for addressing the issue.

Commented [A2]: Both positive and negative points have been clearly straightforward stated

ESSAY 3 COMMENTS
Hi Z,

The presentation of HAP diagnosis, symptoms, and differential diagnosis was good, but the answer failed to impress me as it is not talking to the case rather it is looking like an essay on HAP. Secondly, in your discussion you haven’t explained what is HAP, any pathophysiology of HAP in the concerned patient. The different physical, physiological status obtained through different tests are also not well interpreted. The answer was not well structured too, I would have linked each section to the case study and then would have gone for intervention with rationale. I don’t think this will meet the intended outcome.

Faculty Comments:

The assessments are quite elaborative and appropriate. A few more aspects like referencing, theory application or grammar based mistakes if considered would have given a holistic view. Also approach to comment based on segregated sections would have been impactful.